

27.29 Seed Composition of Sesame

Constituent	Composition
Moisture	6 - 7 %
Proteins	20 - 21 %
Oil	48 - 58 %
Sugars	14 - 16 %
Fibre	6 - 8 %
Minerals	5 - 7 %

Source: Bernardini, E. 1985. *Oilseeds, Oils and fats* Vol. II Interstampa, Roma.