

27.27 Fatty Acid Composition of Sunflower Oil

Fatty acid	Composition
Myristic	5.0 – 7.0 %
Palmitic	3.0 – 5.0 %
Stearic	0.3 – 0.8 %
Arachidic	0.6 – 0.8 %
Oleic	22 – 50 %
Linoleic	40 – 67 %

Source: Bernardini, (1985)