

27.11 Antinutritional / Toxic Factors in Oilseeds

Oilseed	Antinutritional/toxic constituent
Groundnut	Aflatoxin
Sesame	Oxalates and Phytates
Niger	–
Sunflower	Polyphenols
Castor	Ricinine and allergen
Soybean	Protease inhibitor
R&M	Haemagglutinins and phytates
R&M	Phenolic compounds
Safflower	Linamarin
Linseed	Phytic acid

Source: Tables 27.1 to 27.11 personal communication from G. Nagara, Principal Scientist (Biochemistry), Retd., Directorate of Oilseeds Research, Hyderabad