

27. CHEMICAL COMPOSITION AND QUALITY

27.1 Quality of Cooking Oils

Oil	Availability (2012-13)** (Lakh tones)	Stability index	Nutritional Index
Coconut	3.90	Very high	Low
Cotton seed	11.57	0.4	1.9
Groundnut	10.00	1.6	2.5
Niger	0.31	0.7	0.2
Palm	24.09	5.8	1.6
Rapeseed-mustard	7.8	1.2	2.1
Rice bran	0.33	1.4	6.0
Safflower	2.12	0.2	2.8
Sesame	23.47	1.2	2.8
Soybean	1.80	0.5	2.0
Sunflower	2.1	0.4	4.0

Note: ** Based on final estimate (released by Ministry of Agriculture on 14 February 2014)